



# **Young at Heart**

Mark your calendar for the next Young at Heart Seniors luncheon on **Thursday, June 15th, 11:30 a.m. to 1:00 p.m.** in **Cooper Hall**. A special time of fellowship! Speaker Gaynell Jefferies, Leader of GriefShare, with Q & A. Admission, one covered dish.



## **Hiring for Children and Youth Ministries**

#### Hiring for Children and Student Ministries

First United Methodist Church of Zephyrhills is hiring assistants and leaders for our growing children and student ministries, infant through 12<sup>th</sup> grade. Work hours range from 2-15 hours per week depending on your availability, experience, and desired level of responsibility.

Please contact Pastor Steve at <u>pastorsteve@fumczhills.org</u> or Karen Harwell at kharwell63@aol.com for more information.

#### **United Women in Faith**

"Picnic on the Lawn" Sunday, July 9<sup>th</sup> 1-3pm

Come join us for a fun afternoon on the lawn, in front of the Sibley Building – Church Office Yard Games. Bean Bags. Sack Races. Pastor Steve's grilling burgers and dogs.



Please bring a picnic dish to share and join us for a fun afternoon!

Phyllis Blanchard Lyn Sears 712-830-5196 727-480-7961



Emmaus Reunion meetings will resume in September



Project Others meets all summer in Cooper Hall, 8 a.m. - 11 a.m. New members are welcome. Donations may be brought in during our work time too. Prayer shawls & prayer squares are available in Cooper Hall each Friday.



Hope to see you this summer!

**Project Others** 

Questions about our group may be directed to leader, Deann Harrington (813)713-4119 or leave a message for us in the church office (813)782-5645.



# **Thrift Shop News**

Another month has flown by and we're staying busy. It seems like we're seeing new faces all the time. People coming from Lakeland and Plant City and letting us know they heard about us and just had to come check us out and stating they'd surely be back again.

Making sure of the days we're open and what donations do we accept. The Lord willing and the creek doesn't rise, we'll keep busy all summer. We have a project we have been working on recently. We have purchased seven new sets of shelving to be assembled and are putting in our work room. We're trying to get the back room set up per the suggestions of the Fire Marshall. We must keep our back door pathway open as it's an escape door in case of fire.

Keep your donations coming, we'll be happy to accept them. Donations will be accepted Monday, Wednesday, or Saturday between 8 AM and Noon. We ask that you **NOT** leave donations at either front or back doors when the shop is closed. It gathers bugs and critters. We do our best to keep the shop free of these pests.

Come see us soon, we're planning to be open all summer!

Nancy Bowers, Manager Norma Hall Mission House

# **Our Friends in Nursing Homes and Assisted Living Facilities**

AdventHealth North: Shirley Force AdventHealth South: Veva Rich

American House: Neal Slingerland, Lyden & Sue Green, Edythe Miller, Ruth Palmer

Edwinola (Dade City): Beulah Zeller, Peggy Fetch

Heartland: Ginger Schaeffer Pond's Edge: Lou Mathews Rose Castle: Roberta Hubbart

Westbrooke Manor: Barbara McCarthy At Home: Dora Burnside (in Hospice care)

# New Participants Welcome



**Traditional Choir and Handbell News!** 

There are <u>no</u> rehearsals on the following Mondays in June: 6/12, 6/19 and 6/26

Practices will resume on July 3rd



# MISSION FOR June, July & August



# FUMCZhills Food Pantry

#### Mission of the Month for June, July and August

During June, July, and August we will have our own food pantry as the Mission of the Month. This is a very important mission for our church and our community. Throughout the past three years, many in our community have become food insecure. Due to the wonderful and faithful volunteers and donors, they have continued to give food bags to over one-hundred families a month. This has been done through the support of our congregation. The food pantry is always in need of staple foods, special items (for example: condiments, cleaning supplies, pet food) and financial donations to purchase needed items.

As funds allow, our pantry provides additional special items for the holiday season. If you would like to donate items for the pantry, please bring them to the church office Monday - Thursday, 9:00 a.m. - 2:00 p.m. Since most of the recipients are families, of 2-4, please donate smaller sized items.

ltems needed:
evaporated milk
jelly
canned tuna
canned chicken
canned fruit
canned vegetables
beans (dry/canned)
rice (plain or flavored)
instant potatoes
pasta and sauce
macaroni and cheese

Thank you! We couldn't do it without you!

Matthew 25:37 "Then the godly answered Him, 'Lord, when did we see You go hungry or thirsty and give you food and something to drink?""

When making a monetary donation by writing a check, please be sure to write "Food Pantry" in the memo section, and write for Missions on the outside of the envelope.

Thank you!



**Alcoholics Anonymous at First United Methodist Church:** 

AA Meets on Fridays at 4:00 p.m. in the Crusader's Room.

Please enter through the back door of Cooper Hall, on 6th Avenue
between 10th and 11th Streets
(a sign will be there).

For more information contact the Church Office, 813-782-5645.

# Seeking applications for Scholarship assistance awards

First United Methodist Church has a Scholarship Fund that is used to provide assistance towards some of the many expenses students encounter while pursuing their chosen life's dream. These resources may be used for tuition, books, fees, housing, or other school-related expenses as needed. These funds are made available to students:



 who are continuing their education in an accredited Vocational Training Program which awards a Certificate of Proficiency upon completion,

• who are continuing their education in an Associate or Bachelor degree program from an accredited College or University, and

who are continuing on to receive specialized/intensive training in their chosen career path in a Master or Doctoral level degree program from an accredited College or University.

If you are interested in applying for scholarship assistance from the Church to help you through the 2023-24 college year, please contact the Church office to request an application packet.

Deadline for submission of the application is June 14, 2023.



All are welcome to join us each Sunday morning for coffee and snacks, serving 9:00 to 9:30 a.m.
(before Contemporary service);
and 10:30-11:00 a.m.
(before our Traditional service).

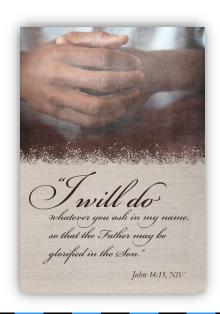
# Pray For Our Military



#### **Proudly Serving Our Country**

Budurka, Michael, Staff SGT, US Army, Hawaii, grandson of Bob and Barb Stankiewicz Clark, Matthew, 1ST LT. Army, Ft. Drum, N.Y., Grandson of Jack & Louise Smith Daniels, Clay, Major, US Army, Ft. Bragg, Grandson of Ed Fisher Hill, Nathaniel, Colorado National Guard, Son of David Hill Hunter Hollaway, Army National Guard, Great Nephew of Lori Hollaway Hurley, Luka, MSGT., Grandson of Gordon & Norma Hurley (Omaha, NE) Jared Monteira, U.S. Coast Guard, Grandson of Debbie Huffert Lenz, Alexander, MM3, Navy, Norfolk, Va., Grandson of Richard & Linda Bice Mueller, Hannah, US Army, Fort Sill, Oklahoma, Daughter of Lorraine & Tom Mueller Nipp, John, Captain, USAF, Mississippi, Brother of Bob Nipp Noel, Tim, MSSGT., Air National Guard, Japan, Son-in-Law of Ann Crawford Parks, Andrew, Senior Airman, US Air Force, Tuscon, AZ, grandson of Bob and Barb Stankiewicz Shoup, Justin, Deployed Tindall, Tyler, US Army Specialist, Texas, Grandson of Ed Fisher Turner, Nicholas, CAPT., USAF, Husband of Kristen Beville Turner

Wagner, Jeff, CAPT., USAF, Colorado, Nephew of Elton & Pat Wagner White, Darrel,1<sup>ST</sup> SGT. Army, Texas, Nephew of Gerald & Virginia Swank Williams, Andrew, Lt. COL. USAF, grandson of Bob & Barbara Williams



#### PARISH NURSE MINISTRY TEAM/ JUNE 2023

The next blood pressure screening and rechecks will be Sunday, <u>June 4th</u> in Cooper Hall from <u>1030am-1100am</u>
Blood Mobile will be in front of Church for Donations, Sunday, <u>June 11<sup>th</sup></u>

Check the bulletin board in Cooper Hall for health info and tips.

## June is National Men's Health Month



**MEN...** GET IT CHECKED! The Men's Health Network provides this maintenance schedule for men as a reminder of your need to take responsibility for safeguarding your health. Regular checkups and age-appropriate screenings CAN improve your health and reduce premature death and disability. You should consult your health care provider about the benefits of earlier screenings, especially if you are a member of a high risk group or have a family history of disease.

**Health Facts:** Men die at higher rates than women from the top 10 causes of death and are the victims of over 92% of workplace deaths. In 1920, women lived, on average, one year longer than men. Now, men, on average, die almost six years earlier than women. (CDC)

#### **Depression and Suicide**

Depression in men is undiagnosed contributing to the fact that men are 4 x as likely to commit suicide.

- ♦ Among 15- to 19-year-olds, boys were 5 x as likely as girls to commit suicide.
- ◆ Among 20- to 24-year-olds, males were 7 x as likely to commit suicide as females
- ◆ The suicide rate for persons age 65 and above: men...38.4 – women...6.0.

#### Who is the Weaker Sex?

- ◆ 115 males are conceived for every 100 females.◆ The male fetus is at greater risk of miscarriage and stillbirth.
- ◆ 25% more newborn males die than females.
   ◆ 3/5 of SIDS victims are boys.
- Men suffer hearing loss at 2x the rate of women.
- Testosterone is linked to elevations of LDL, the bad cholesterol, and declines in HDL, the good cholesterol.
- Men have fewer infection-fighting T-cells and are thought to have weaker immune systems than women.
- By the age of 100, women out number men eight to one.

**PROSTATE HEALTH:** <a href="http://www.prostatehealthguide.com">http://www.prostatehealthguide.com</a> If you don't know what your prostate is or what it does, you're certainly not alone: most men don't. But you really should. More than 30 million men suffer from prostate conditions that negatively affect their quality of life. Each year over 230,000 men will be diagnosed with prostate cancer and about 30,000 will die of it.

FOR MORE INFORMATION, SEE THE PARISH NURSE OR GO ON LINE AT: http://www.menshealthnetwork.org

Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. So you must honor God with your body. 1 Corinthians 6:19-20 (NLT)

Through Christ, Druann Briggs RN Parish Nurse Ministry Coordinator 813-420-7919



# **June Birthdays**

1-Jun David Carlson 1-Jun Connie Norton 2-Jun Donna Kendall 2-Jun Marian Otto 3-Jun Carol Gentile 3-Jun Barbara Kehr 3-Jun Sarah Perone 5-Jun George Schipper 6-Jun Corinne Ahrend 6-Jun Luan Gore 6-Jun Marjorie Leake 7-Jun Bobbie Crosby 7-Jun Kevin Hall 8-Jun Marcus Price 8-Jun Ralph Salley 9-Jun Rebecca Hernandez 10-Jun Robert Wirth 11-Jun Cliff McDuffie Jr. 12-Jun Tina Downing 12-Jun Ray Morgan 12-Jun Carol Peirce 13-Jun Lyn Sears

14-Jun Kenneth Stuby 15-Jun Jeanne Narum 15-Jun Ann Neukom 17-Jun Lois Poole 17-Jun Neal Slingerland 18-Jun Doris Carroll 18-Jun Samuel Surratt III 19-Jun Karen Field 19-Jun Emilie Mastin 20-Jun Janice Gfell 22-Jun Roger Morel 23-Jun Sarah Smith 24-Jun Edie Minch 24-Jun Rodger Peirce 24-Jun Terry Wilson 24-Jun Tresea Wymore 26-Jun Dave Allain 26-Jun Tammy Donaldson

14-Jun Marlene Mann



1-Emmett & Joyce White

2-Robert & Opal Wirth

7-Karl & Fay Kingery

8-Richard & Julie Cotton

12-Lyden & Sue Green

15-John & Pamela Kennard

22-Kenneth & Gloria Foss

22-Larry & Vicki Gower

24-David Cox & Miriam Ezra

24-Cliff & Joyce McDuffie Jr.

25-Bob & Julie Nipp

28-Jun Karen Darland

30-Jun Marla Martin

